

Dr. Kirsten “Kicki” Searfus

Dr. Searfus was raised in San Diego which promoted an early appreciation for active living. After graduating magna cum laude with a BS degree in Physiology from the University of California, Davis, she moved to Boston and worked in cancer and neuroscience research. This experience gave her a better understanding of the scientific method leading to the clinical approaches used in daily practice. She subsequently was accepted to medical school at the University of California, San Francisco where she received her MD in 1994. She worked extensively with underserved populations which gave her a deep appreciation for the socioeconomic, psychologic, environmental and lifestyle impacts on the ability to achieve wellness.

Following medical school, Dr. Searfus completed her residency in family medicine at the University of Utah in Salt Lake City and acted as Chief Resident in her final year of the program. She obtained broad experience in internal medicine, obstetric care, gynecology, pediatrics and geriatric medicine with an emphasis on taking care of individuals in the context of their family unit and community. She then returned home to San Diego, joined the faculty at the University of California, San Diego and ultimately achieved the rank of Associate Professor of Clinical Family Medicine. Dr. Searfus spent a substantial portion of her nine years on faculty educating medical students and residents, recognizing a passion for teaching that she brings to working with patients.

Dr. Searfus moved to Durango, CO in 2006, excited to live in a community that promoted active lifestyles and provided a healthy environment in which to raise her two sons. After working in a traditional family practice for six years she moved to Mountain View Family Healthcare, a membership-based practice model that uses a novel approach to providing comprehensive primary care. The model allows for significantly more time during each visit to address a patient’s medical issues in-depth and recognizes the need to explore the non-medical factors that impede the ability to achieve optimal health and well-being. As part of Mountain View TLC (Total Life Concept), she collaborates actively in partnership with other health-related specialists in providing on-site nutrition counseling, fitness promotion and behavioral health counseling to better support patients working towards their wellness goals.

Affiliations:

- American Academy of Family Physicians
- Colorado Academy of Family Physicians
- Society of Teachers of Family Medicine
- American Academy of Hospice and Palliative Care Medicine

Board Certification:

- Diplomate of the American Board of Family Medicine: initial certification in 1998 with recertification in 2004 and 2011
- Certificate of Added Qualification in Hospice and Palliative Medicine 2012

Role Statement:

I seek to provide clinically excellent, evidence-based, patient-oriented, highly personalized healthcare while enlisting my patients as true partners in achieving wellness. In this collaborative healthcare model, I also seek to provide the tools and resources my patients need to achieve success.