



A Total Life Concept For Healthcare, Fitness, Nutrition, and Behavioral Health

PRICING: (includes free annual comprehensive wellness exam)

Adults (17 and over): \$60/month

Children (0-17): \$30/month (with an adult member)

Family Plan: \$140/month (includes 2 adults, up to 2 children)*

*additional children \$10 each/month

OFFICE VISITS:

No additional charge for office visits or enrollment

Low cost procedures

Discounted in-office labs

VALUE ADDED SERVICES (most available on-site):

- Nutrition counseling by our registered dietician
- Behavioral health counseling offered by our PhD psychologist
- Fitness assessment, exercise prescriptions and functional training with our personal trainers
- Discounted gym membership at Fitness Solutions (in Centennial Square)

These services are available at discounted pricing for enrolled Mountain View Family Healthcare members. Our professionals collaborate extensively in order to optimize your health outcomes.